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Janet McNichol family members | settings | exit

Home Messages Community Diary Graphs Reports Education Profile

QuickStart

[Click here](#) to quickly add to your record.

My Imported Information

[Go to my imported information archives](#)

View My Records

[Visits \(8\)](#)
Prepare summaries for my visits with care providers.

[Conditions \(12\)](#)

[Medications \(4\)](#)

[Allergies \(2\)](#)


[Surgeries \(3\)](#)

[Immunizations \(7\)](#)

[Tests \(54\)](#)

Coverage

Health Record



Automatic alerts

This tool automatically scans for potentially harmful interactions among the medications, herbs, vitamins, and allergies entered in your files.

Common Questions

How can this tool [benefit me](#)?

How is my information [kept private](#)?

How can I [print or fax](#) my records?

How may I view my [past activities](#)?

Save money through mail order

Did you know that you could **save 30%** of your annual copay fees by purchasing your prescriptions mail order instead of through a retail pharmacy?

- Save time (no more trips to the

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[Coverage](#)

Health Record

add medication

check interactions

Health Record summary

how to

Current Medications

Date▼

Frequency

Source

Click on an item to edit, delete or view related information.

[Glyburide XL 5MG Tablet SA](#)

05/30/2003

every morning

Rite-Aid

[Zyrtec 10MG Tablet](#)

05/28/2002

as needed (PRN)

Sav-on

Past Medications

Date▼

Frequency

Source

[Imitrex 20MG Nasal Spray](#)

05/30/2003

Walgreens

[Roloids 550mg Tablet, Chewable](#)

11/05/2002

Rite-Aid

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WellMed--My Medications Review - Microsoft Internet Explorer

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Health Record

Visits | Conditions | Medications | Allergies | Surgeries | Immunizations | Tests | Coverage | Basics

add medication

check interactions

Health Record summary

how to

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Click on an item to edit, delete or view related information.

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Walgreens

[Roloids 550mg Tablet, Chewable](#)

11/05/2002

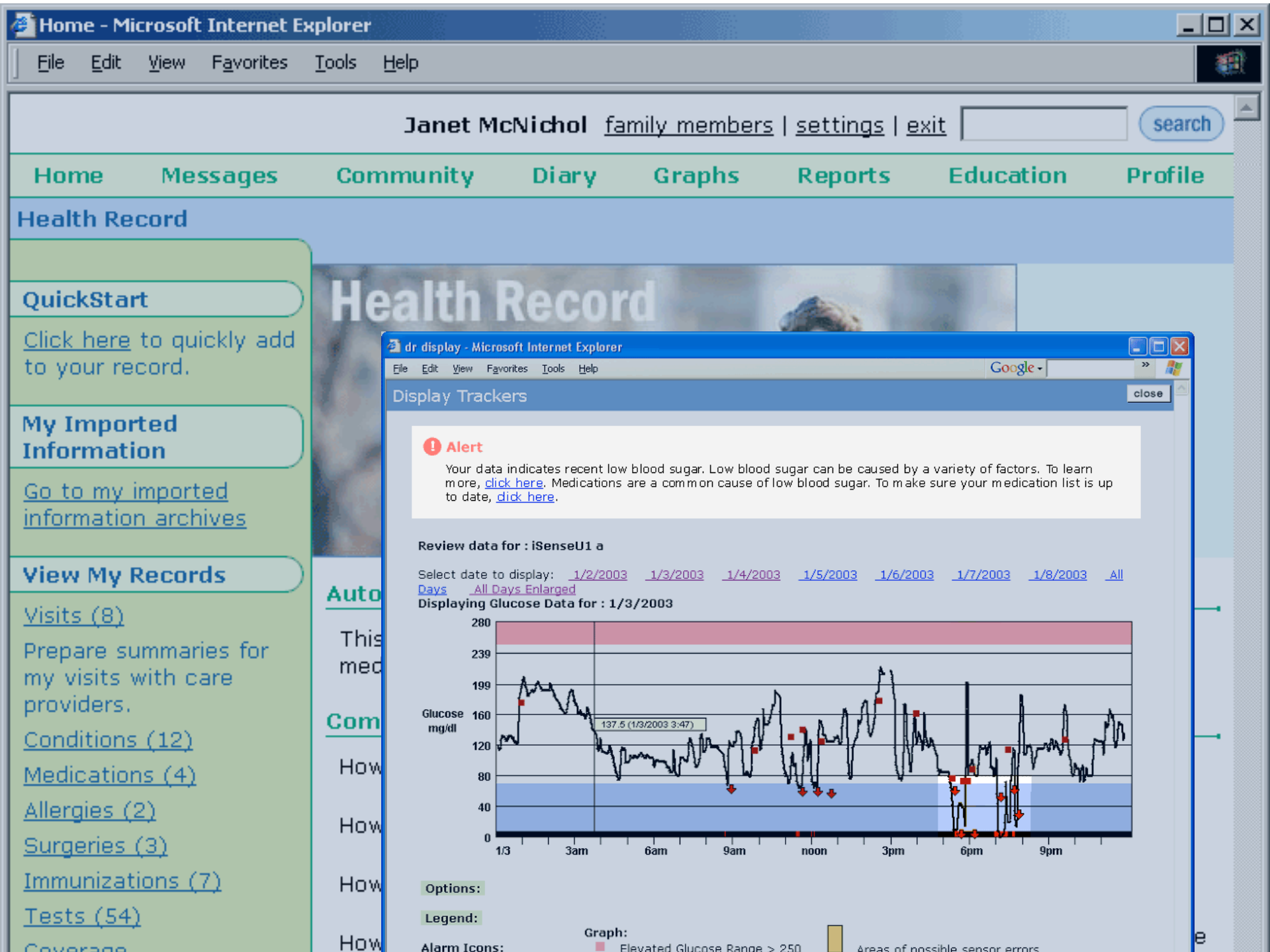
Rite-Aid

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Coverage

Auto

This med

Com

How

How

How

How

Health Record

Alert


Your data indicates recent low blood sugar. Low blood sugar can be caused by a variety of factors. To learn more, [click here](#). Medications are a common cause of low blood sugar. To make sure your medication list is up to date, [click here](#).

Review data for : iSenseU1 a

Select date to display: 1/2/2

Days All Days Enlarged

Displaying Glucose Data for :



Options:

Legend:

Alarm Icons:

dr display - Microsoft Internet Explorer

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Google

Display Trackers

close

Health Record - Microsoft Internet Explorer

Medications, Herbs, Vitamins

close

Add Medications, Herbs, Vitamins

When (approximately) did you (or the person you are creating this record for) begin taking **Aspirin 325 MG Tablet**? (mm/dd/yyyy)

5/30/2001

Dosage taken

1

TABLET

Frequency taken

every morning

Are you (or the person you are creating this record for) still taking **Aspirin 325 MG Tablet**?

☒ Yes ☐ No

Do you want to hide this item when you print, fax or electronically share your health record data with others?

☐ Yes ☒ No

(To see your authorizations, go to [settings](#))

back cancel finish

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Coverage

Health Record

Visits Conditions Medications

add medication

Current Medications

Click on an item to edit

Glyburide XL 5MG

Zyrtec 10MG Table

Aspirin 325 MD Tab

Past Medications

Imitrex 20MG Nas.

Roloids 550mg Tab

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How

How

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Aspirin 325 MD Tab

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Imitrex 20MG Nas.

Roloids 550mg Tab

[Copyright]

Auto

This med

Com

How

How

How


How

Medication, Herb, and Vitamin Interactions - Microsoft Internet Explorer

close


Medication, Herb, and Vitamin Interactions


Medications: Glyburide XL 5MG Tablet SA and Aspirin 325 MG Tablet


Level:  MODERATE

What Might Happen: An increase in the effects of your diabetes medicine may occur and may cause low blood sugar levels.

Legend:

 SEVERELY CONTRAINDICATED: This combination of medicines could cause severe complications and is considered to be dangerous. Contact your care provider immediately to discuss the use of these medicines.

 SERIOUS: This combination of medicines could cause serious complications. Although these complications are unlikely to be life-threatening, you should contact your care provider to discuss the use of these medicines.

 MODERATE: This combination of medicines could cause moderate complications. These complications are unlikely to be life-threatening, but

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Message Center

Message Center Home Inbox Sent

Inbox

send a new message

From

Subject

ACME Health

Remind

ACME Health

Rezulir

archive checked items

[Copyright] [Po

Messaging - Microsoft Internet Explorer

Send a graph or report - Dr. Jones

Confirm and Send

The following information is exactly as your care provider will see it. Please review carefully, then click 'submit' at the bottom to send. If you need to make changes, click the 'back' button until you get to the part you want to change.

Message from: Janet McNichol

Subject:

Date:

Patient Phone:

Provider:

Blood Glucose Graph

6/2/2003 7:37 PM

Dr. Jones

Patient Age:

Patient DOB:

Patient Gender:

53

4/5/1950

Female

Question

Dr. Jones, my PHR said that taking my aspirin may cause my blood sugars to go low, and now my blood sugars are low. Should I stop taking my aspirin?

Select date to display: 1/2/2003 1/3/2003 1/4/2003 1/5/2003 1/6/2003 1/7/2003 1/8/2003 All Days All Days Enlarged

Displaying Glucose Data for : 1/3/2003

Glucose mg/dl

280

239

199

160

120

80

40

0

1/3

3am

6am

9am

noon

3pm

6pm


9pm

137.5 (1/3/2003 3:47)

Options:

Message Center - Microsoft Internet Explorer

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Patient Physician Communication

user: Dr. Jones | [exit](#)

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Sent



Archive-Received

Archive-Sent


Messages for: All



**From**




Janet McNichol

Buck David Smith


Janet McNichol

Buck David Smith

Janet McNichol

Buck David Smith

Janet McNichol

Janet McNichol

Sample User

archive checked items

Messaging - Microsoft Internet Explorer

Confirm and Send

The following information is exactly as your patient will see it. Please review carefully and click the **'submit'** button at the bottom to send. If you need to make changes, click the **'back'** button until you get to the area of the process you want to change.

Message from: Dr. Jones

Subject:Re: Blood Glucose Graph

Date:5/12/2003 2:06 PM

Patient Phone:

Provider:Dr. Jones

Patient Age:53

Patient DOB:4/5/1950

Patient Gender:Female

Reply

Janet, I'll have you continue the aspirin - I'm glad you mentioned you are taking it. Instead, let's go to just a half pill of the Glyburide each morning, and also since it's been more than a year since our last Hemoglobin a1c and cholesterol profile I'll ask that you schedule to have this drawn by the lab in the next couple weeks. I'll share the results with you electronically once they are available.

Patient Education Information:

[Why should your hemoglobin A1c be controlled?](#)

[What is hemoglobin A1c?](#)

[Monitoring test for diabetes](#)

[Beyond Blood Sugar: Testing A1c](#)

[back](#)

[cancel](#)

[submit](#)

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Coverage

Automated

This tool helps you manage your medications.

Common Questions

How can I get a copy of my health record?

How is my health record protected?

How can I get a copy of my health record?

How many times can I get a copy of my health record?

Health Record

Imported Information - Microsoft Internet Explorer

Imported Information

close

The following information has been imported into your Health Record. Click each item to view details. If you believe any of the information is in error, please contact the source.

Data Source: Quest Health Screenings

Test Name	Date	Result	Status	Reference Range
HbA1c	6/2/2003	6.0	Normal	< 6.2 mg/dL
Lipid Profile				
Total Cholesterol	6/2/2003	270	High	<200 mg/dL
HDL Cholesterol	6/2/2003	32	Low	>35 mg/dL
LDL Cholesterol	6/2/2003	150	High	<130 mg/dL
Triglycerides	6/2/2003	185	High	<150 mg/dL

Doctor's Interpretation

Hemoglobin a1c level is fine, but it looks like we might need to address your cholesterol level. [Click here](#) to make an appointment.

back

close

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And then what . . . ?

- ▶ In 2015:
 - Widespread health IT adoption
 - Interoperability
 - Personal health records
- ▶ And ...
 - “Smart homes”
 - Genetic testing
 - Personalized medicines
 - Consumer managed financing

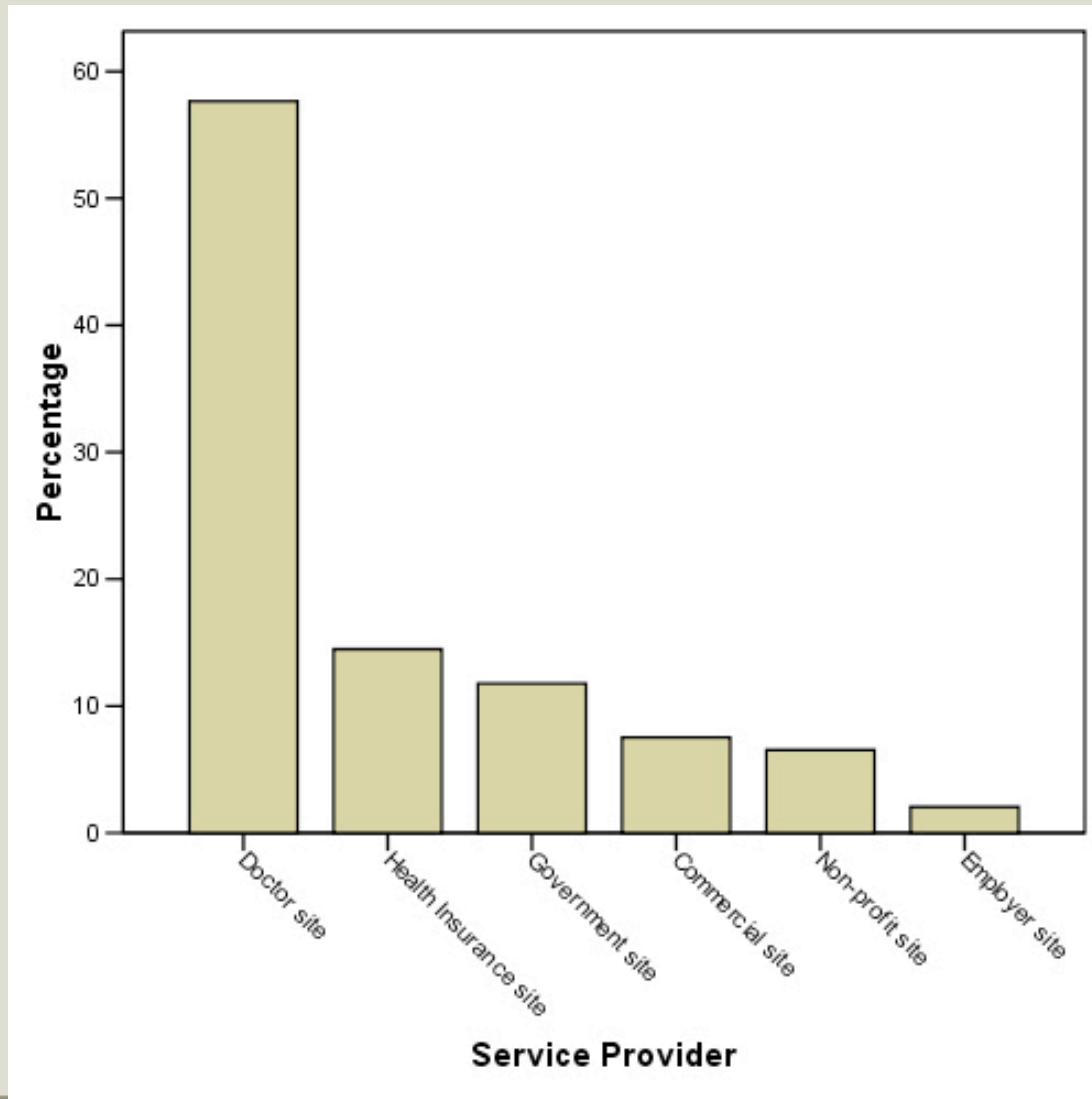
Can consumers help get us there?

- ▶ Need for increased public understanding of the value of connectivity in healthcare
- ▶ CFH research has found low awareness of health IT issues ...
 - 50 percent to 75 percent of Americans have not thought about a more connected healthcare system
- ▶ But a high receptiveness toward specific services that health IT could offer
 - 75 percent want to email their doctor
 - 69 percent want to track immunizations and check the accuracy of their clinical chart

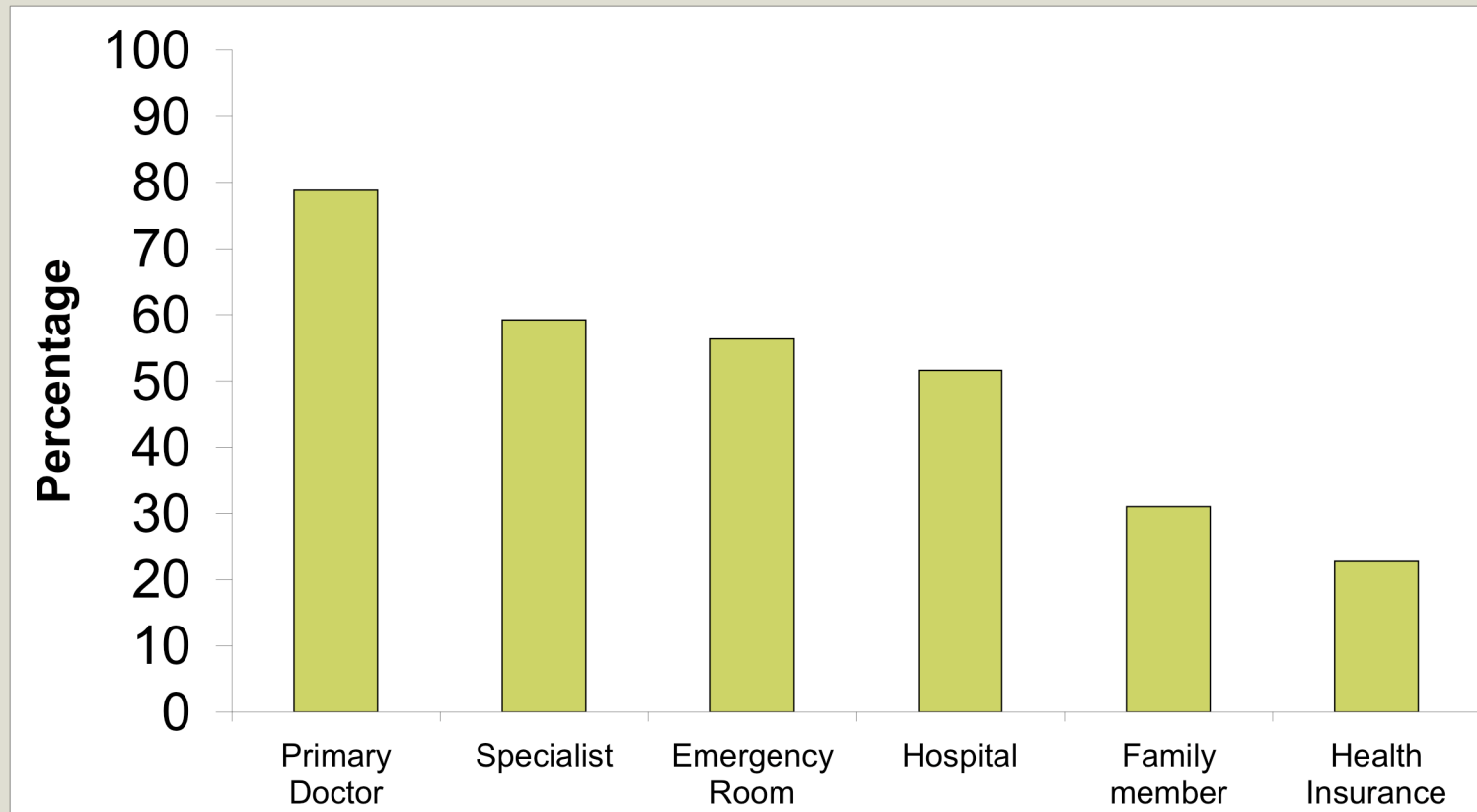
What is the current mindset?

- ▶ Modest use of paper health records (40%)
- ▶ Extremely low use of electronic personal health records (2-5%)
- ▶ High percentage think they “should” (84%)
- ▶ Significant concern about privacy and security
 - Harris survey: 66-68%
 - FACCT survey: 91% “very concerned”
 - Strong desire to “control” who sees health information

Who would you trust the *most* with keeping your online medical record private and secure?

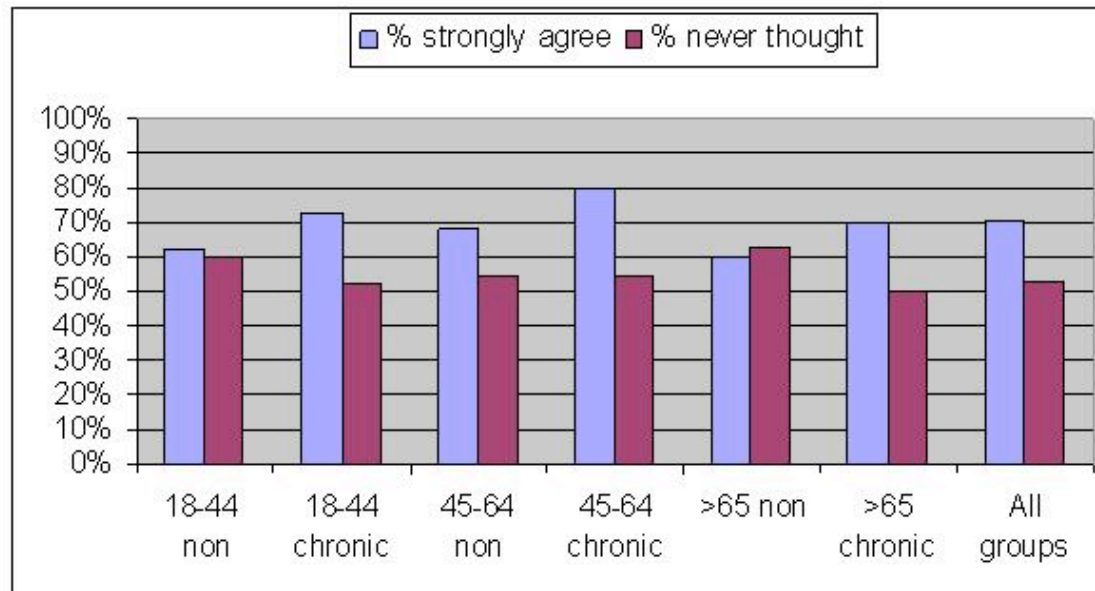


% “very comfortable” allowing access to following entities of their online medical records

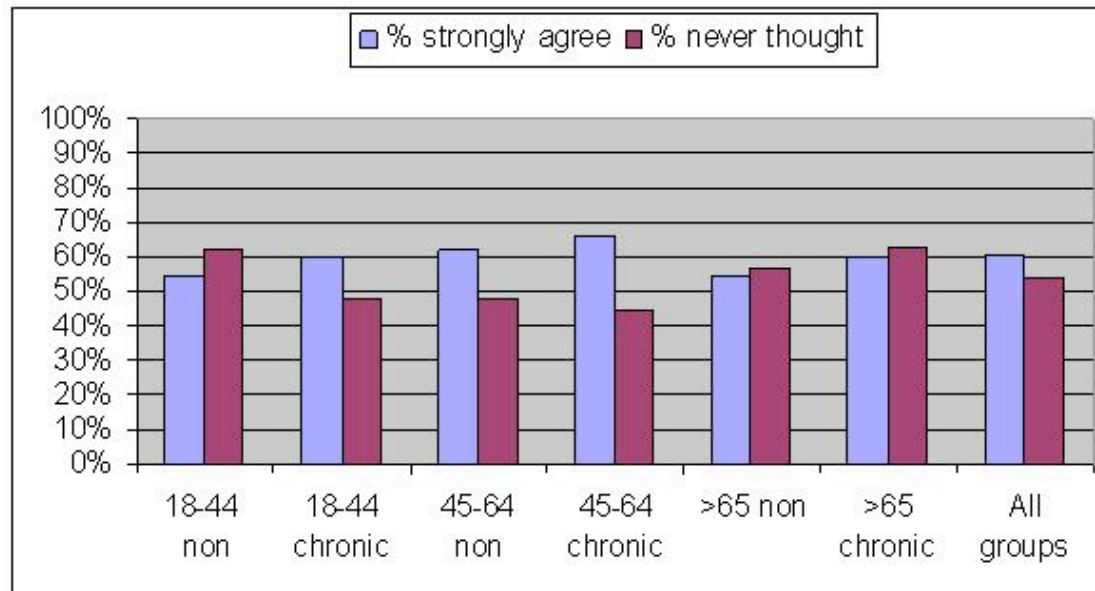


Connecting for Health survey (2004; n=1750)

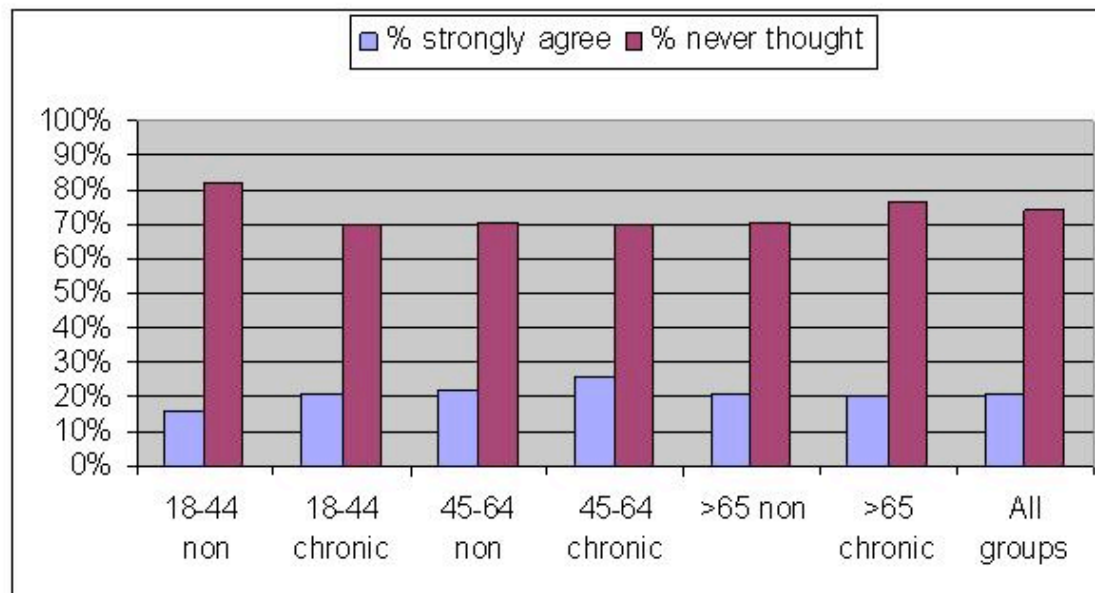
"In an emergency, getting my medical records quickly could mean the difference between life and death."



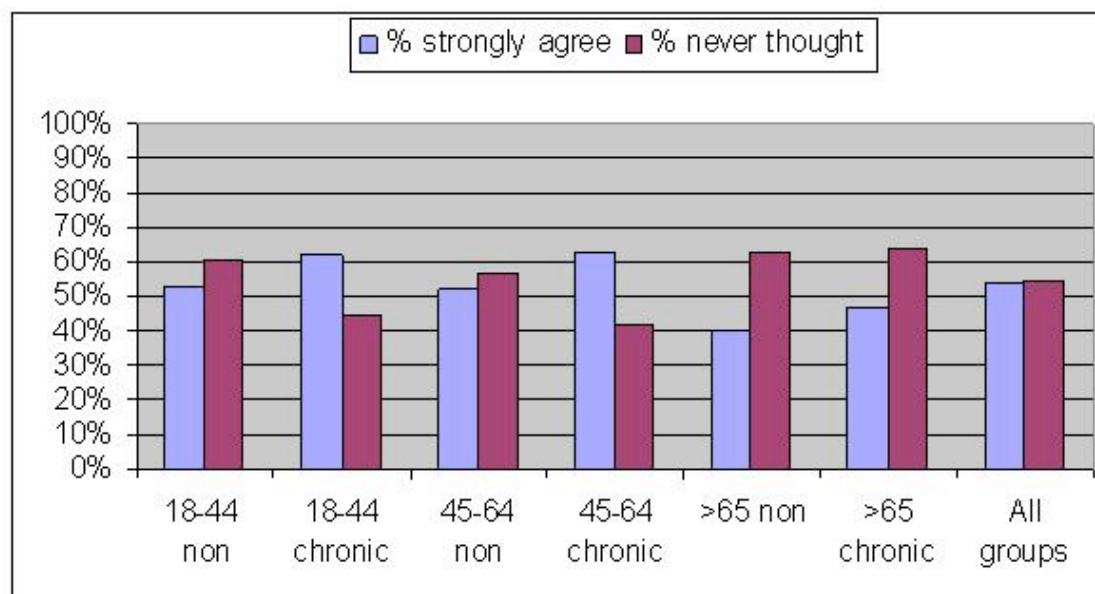
**"It's my health information. I should have access to it anywhere,
any time."**



"I've often felt the health care system has all the power. Having my own online health record seems to even it out a little bit."



"Anybody can make a mistake. I'd like to double-check what's in my medical records."

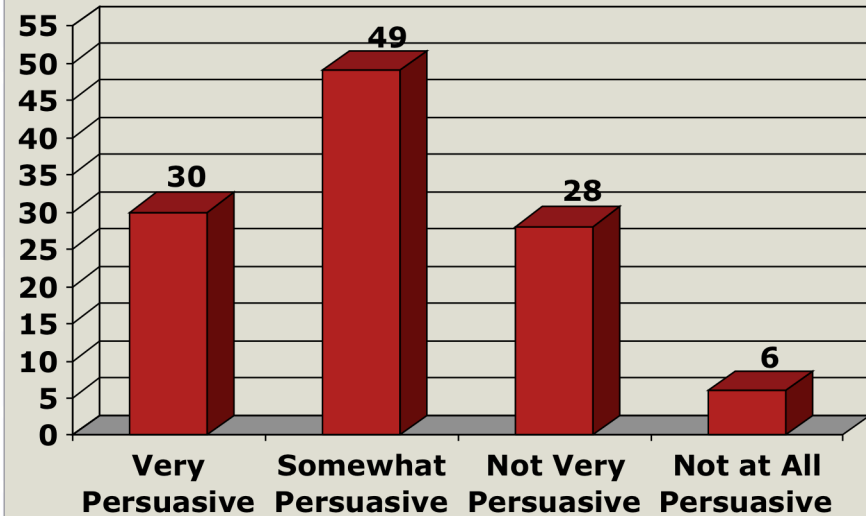


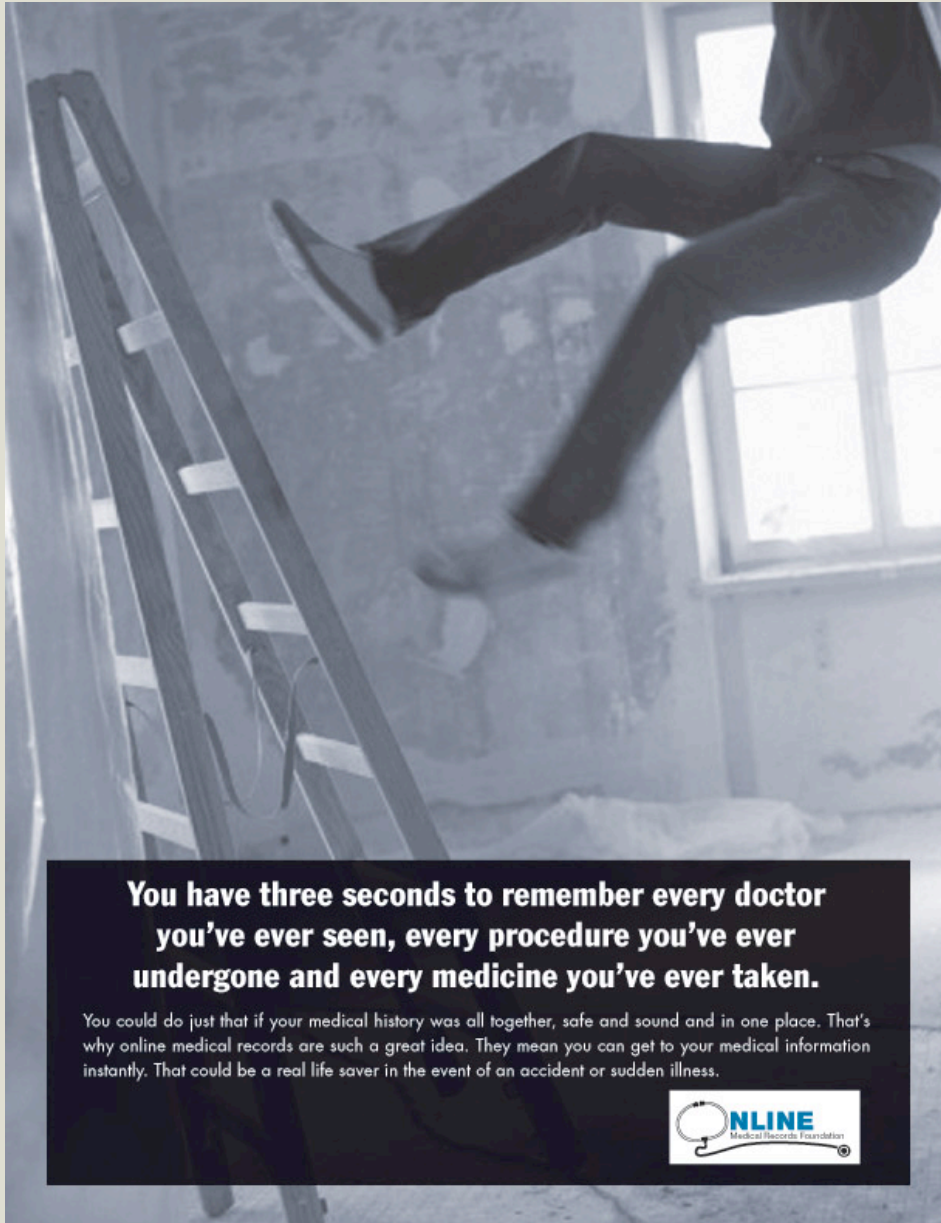
“Anybody can
make a mistake. I’d
like to double-check
what’s in my
medical records.”



George Paxton
San Diego, CA

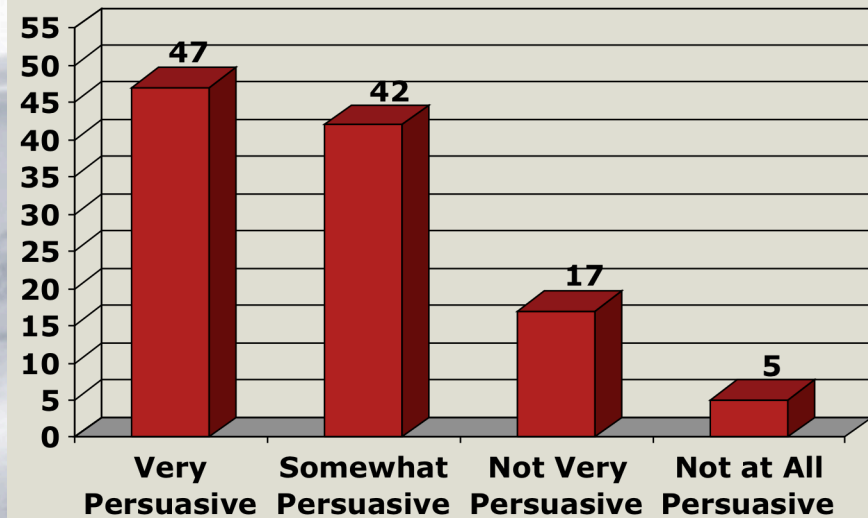

My medical information used to be scattered among many different doctors’ offices, clinics and hospitals. It’s so much better to have everything together in one place, where it’s accessible to me. That’s why online medical records are such a great idea. I really like that I can go online and check that the medical information in my file is accurate and up to date.





**You have three seconds to remember every doctor
you've ever seen, every procedure you've ever
undergone and every medicine you've ever taken.**

You could do just that if your medical history was all together, safe and sound and in one place. That's why online medical records are such a great idea. They mean you can get to your medical information instantly. That could be a real life saver in the event of an accident or sudden illness.

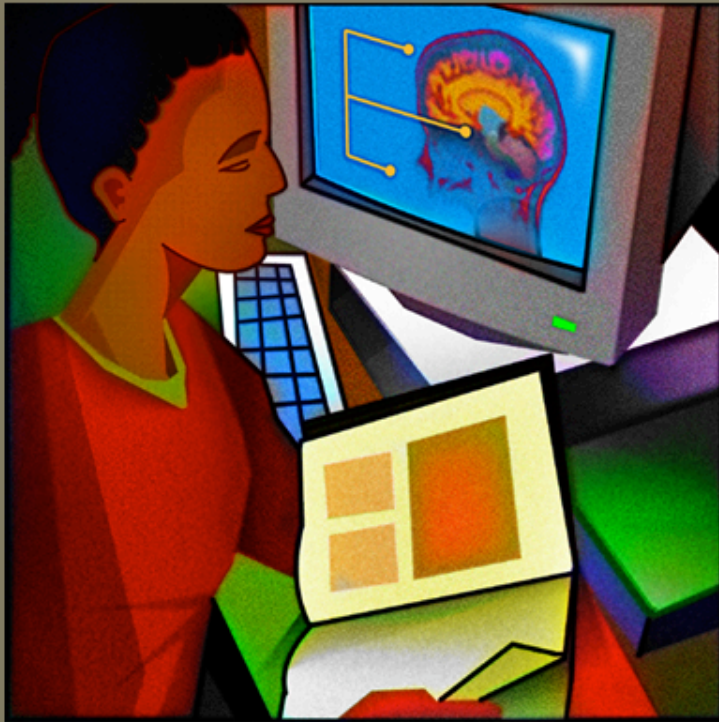


What works with consumers? Messaging conclusions

- ▶ Messages must be consistent and carefully constructed—not negative
- ▶ Messages must be mindful of privacy, while emphasizing convenience and utility
- ▶ Most receptive target populations are likely to be:
 - People with chronic conditions, taking multiple medications and people with more than 5 doctor visits a year
 - Patients and families younger than 45 who are more comfortable with computers
 - Those caring for an ill parent or spouse

PHR event

- ▶ **Personal Health Record Conference**
- ▶ **November 10 in Washington, DC**
- ▶ **Objectives:**
 - Raise overall understanding of Personal Health Records and associated issues among consumer and policy audiences
 - Review and advocate for a consensus set of consumer and patient HIT design principles
 - Provide a forum for sharing research findings and emerging technologies



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